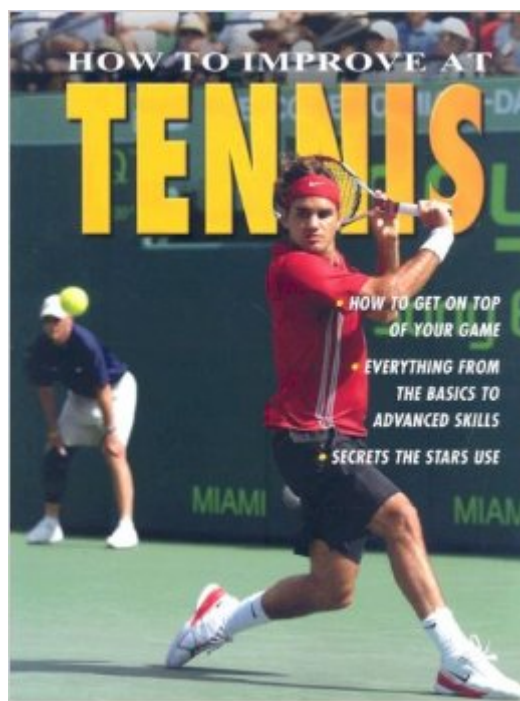


The book was found

How To Improve At Tennis



Synopsis

For young athletes who want to learn how to improve their tennis skills and become an advanced player, this exciting guide is the answer! Detailed photographs take readers through step-by-step drills on their serve, forehand, backhand, lob, smash, drop shot, and more. Clear text outlines the rules of the game and discusses diet and mental attitude. Young athletes will also be inspired by fact boxes about current tennis stars and the secrets to their success.

Book Information

Lexile Measure: 940L (What's this?)

Series: How to Improve at. . .

Paperback: 48 pages

Publisher: Crabtree Pub Co (February 28, 2008)

Language: English

ISBN-10: 0778735931

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Product Dimensions: 0.2 x 8.2 x 10.8 inches

Shipping Weight: 7 ounces (View shipping rates and policies)

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Best Sellers Rank: #3,204,505 in Books (See Top 100 in Books) #57 in Books > Children's Books > Sports & Outdoors > Racket Sports #315 in Books > Children's Books > Growing Up & Facts of Life > Health > Fitness #29675 in Books > Children's Books > Activities, Crafts & Games

Age Range: 10 - 13 years

Grade Level: 5 - 8

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